



Challenge Day 19

Chew's Challenge



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Apple Turnover Fruit Wraps

Ingredients

3 cups apples	1 tsp coriander
1/4 cup raw sugar	2 Tbsp peanut butter
2 Tbsp corn starch	2 Tbsp raisins
2 Tbsp water	1 tortilla



Santa Fe Tacos with Pico de Gallo

Ingredients

5 soft taco shells	PICO DE GALLO
	4 ripe medium tomatoes
TACO FILLING	1 medium diced onion
3 cups vegan	2 cloves minced garlic
burger crumble	1/2 cup minced cilantro
1 cup sliced onions	1 Tbsp lemon juice
1/4 cup minced garlic	1 tsp salt
1/4 cup chicken	
style seasoning	
3 Tbsp olive oil	

