



Chew's Challenge

Challenge Day 21



d2dnetwork.tv

Peanut Butter Carob Balls

Ingredients

- 1 cup granola
- 1 cup granola, blendad
- 1/4 cup peanut butter
- 1/4 cup carob chips
- 1/4 cup sliced almonds
- 1/4 cup molasses
- 1 Tbs walnuts
- 2 tsp vanilla



Mac N Cheeze Casserole

Ingredients

- 8 cups macaroni noodles
- 2 cup vegan cheese sauce
- 2 cup daiya cheese
- 1/2 cup chicken style seasoning
- CREAM OF MUSHROOM
- 3 cups of minced mushrooms
- 2 Tbsp country style seasoning
- 1 Tbsp olive oil
- 1/3 cup flour
- 2 cups water
- 2 Tbsp butter

