



Challenge Day 22

Chew's Challenge



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Bermuda Split Pea Soup

Ingredients

4 cups cooked split peas	1 1/2 tsp salt
2 cups water	1 tsp ground thyme
1 onion	1 tsp garlic powder
1/2 carrot	1 tsp onion powder
3 stalks celery	1 tsp hickory smoke



Bermuda Breakfast

Ingredients

3 cups baby potatoes	1 sliced avocado
2 Tbsp olive oil	1 banana
1 tsp salt	1 cup flavored tomato sauce

