



Quick and Easy Chicken Salad

Ingredients

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| 2 cups chopped
vegan chicken | 1/4 cup scallions |
| 1/2 cup finely
chopped celery | 1 Tbsp chopped fresh
parsley |
| 1/2 cup olives | 1/2 cup vegan mayonnaise |
| 3 Tbsp relish | 1 Tbsp lemon juice |
| | 1 1/2 Tbsp Chicken Style |
| | 1 tsp salt (or to taste) |



Grandma's Strawberry Pancakes with Homemade Maple Syrup Stir-Fry

Ingredients

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|-----------------------------|------------------------|
| STRAWBERRY PANCAKES | MAPLE SYRUP |
| 2 cup flour | 1 cup water |
| 1 tsp salt | 1 cup raw sugar |
| 1/4 tsp energy egg replacer | 1 cup honey |
| 1/4 tsp baking powder | 1 tablespoon |
| 1/4 sugar | maple flavored extract |
| 1/2 cup diced strawberries | |
| 2 cups milk | |

