



## Quick and Easy Chicken Salad

### Ingredients

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|----------------------------------|---------------------------------|
| 2 cups chopped<br>vegan chicken  | 1/4 cup scallions               |
| 1/2 cup finely<br>chopped celery | 1 Tbsp chopped fresh<br>parsley |
| 1/2 cup olives                   | 1/2 cup vegan mayonnaise        |
| 3 Tbsp relish                    | 1 Tbsp lemon juice              |
|                                  | 1 1/2 Tbsp Chicken Style        |
|                                  | 1 tsp salt (or to taste)        |



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## Grandma's Strawberry Pancakes with Homemade Maple Syrup Stir-Fry

### Ingredients

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|-----------------------------|------------------------|
| <b>STRAWBERRY PANCAKES</b>  | <b>MAPLE SYRUP</b>     |
| 2 cup flour                 | 1 cup water            |
| 1 tsp salt                  | 1 cup raw sugar        |
| 1/4 tsp energy egg replacer | 1 cup honey            |
| 1/4 tsp baking powder       | 1 tablespoon           |
| 1/4 sugar                   | maple flavored extract |
| 1/2 cup diced strawberries  |                        |
| 2 cups milk                 |                        |

