

TASTY TREATS VEGAN CREAM CHEESE PASTRY TWIST

INGREDIENTS

- ☐ 1 sheet of rolled oil based puff pastry (approx 12"x 10") doesn't need to be exact.
- ☐ ¾ cup vegan cream cheese
- ☐ 1-2 Tbsp basil puree
- □ 2 Tbsp nutritional yeast flakes
- ☐ ½ tsp onion powder
- ☐ ¼ tsp garlic powder
- ☐ ¼ tsp paprika



- Liberally spread the cream cheese onto the rolled out pastry, making sure you get right to the edges and it is evenly spread.
- 2. Using the back of a spoon do the same with the basil puree.
- 3. Sprinkle on the yeast flakes, garlic powder and onion powder then roll the pastry sheet along the longest side.
- 4. Cut the pastry roll in half length ways and then form a twist with the 2 halves. Make sure the layered side of each half with the contents exposed is facing upwards.
- 5. Bake for 40 minutes at 375°F

Bon appetite!

